

# Benefitfocus®



## Elevate population health with compassionate care

Omada Health provides multi-condition care between doctor visits. Our one-of-a-kind program of tech-enabled humanity leads to lasting results.



- Prevention
- Diabetes
- Hypertension
- Musculoskeletal

### Personal care pathways

Engage members and promote health equity with personalized care at scale. Omada empowers compassionate care teams with the latest technology.

61%

Sustained engagement at year 1<sup>1</sup>

### Connected multi-condition care

Members receive holistic care that connects with their in-person providers, EHRs, benefits platforms, and wellbeing apps.

160k

Physicians in Omada's data query network<sup>2</sup>

### Proven clinical expertise

Realize outcomes with 12+ years of clinical expertise that drive projected savings from an accredited program.

\$2,948

Year 2 estimated savings per member for Diabetes + Hypertension<sup>3</sup>

“The tools in this program were convenient and easy to use: food tracking, scales, step counter using my iPhone connection. My coach gave helpful encouragement and made the program easier to continue.”

CAROL, OMADA MEMBER

“Omada's use of technology to blend personal, objective, and reflective experiences into an accessible platform leaves me feeling empowered instead of discouraged. My coach was able to acknowledge and validate my challenges.”

JASON, OMADA MEMBER



Omada is one of the largest and longest fully recognized CDC DPP provider in the US, in-person or virtual.



Omada is the first fully virtual healthcare provider to earn NCQA Population Health Program Accreditation for Type 2 Diabetes and Type 2 Diabetes + Hypertension programs.













Omada is the first virtual care provider to receive URAC telehealth accreditation for the MSK program.










\* Images used are not real members. Testimonials are based on members' real experiences and individual results. We do not claim that these are typical results that members will achieve. Results may vary.  
1. Cigna Diabetes and Hypertension Program with Omada study, February 2021, based on ongoing 2020 results.  
2. Omada partnership with Particle Health (CommonWell and Carequality networks)  
3. Methodology based on Noble M et al. 2023. The Economic Value of Cardiometabolic Digital Health Programs. American Journal of Managed Care. Manuscript Accepted.

# The Omada Suite

Modular programs for virtual-first care


Program	 Prevention	 Diabetes	 Hypertension	 Musculoskeletal
Additional Support	 + Embedded GLP-1 Care Track for Cardiometabolic Programs  + Embedded Behavioral Health Tools*			
Clinical Indication	Prediabetes & At Risk	Type 1 & Type 2 Diabetes	High Blood Pressure	Joint & Muscle Health
Care Team	Health Coach Behavioral Health Specialist	Health Coach Diabetes Specialist (CDCES) Behavioral Health Specialist	Health Coach Hypertension Specialist Behavioral Health Specialist	Physical Therapist Behavioral Health Specialist
Connected Devices	Connected Scale 	Scale, BGM, CGM 	Scale, Blood Pressure Monitor 	MSK Kit Video Visits 
Clinical Outcomes	Weight loss at 12 months <b>-5.5%</b> Achieved normal A1c at 12 months <b>58%</b>	A1c reduction at 12 months (baseline A1c ≥ 8%) <b>-2.0%</b>	BP reduction at 12 months (baseline stage 2 HTN) <b>-10pt SBP</b> <b>-7pt DBP</b>	Pain reduction <b>77%</b> Functional improvement (10 point scale) <b>70%</b>
Financial Impact per member*	Y1 <b>\$950</b> Y2 <b>\$2,017</b>	Y1 <b>\$1,088</b> Y2 <b>\$2,426</b>	Y1 <b>\$916</b> Y2 <b>\$1,982</b>	Y1 <b>\$1,250</b>


## Program Feature Highlights


-  SMART goals
-  Medication adherence
-  1:1 Care planning
-  Food & activity coaching
-  Peer groups
-  4.7 star app experience
-  Biometrics tracking
-  Topic-based communities
-  1:1 PT video consults

  
**95%**  
Customer satisfaction score<sup>4</sup>

## → The Omada Difference

 Support members with empathetic care teams empowered by technology

 Simplify experiences with connected, multi-condition care

 Realize meaningful outcomes with clinical expertise

\*Gross savings do not take into account fees paid to Omada for program participation  
 \* Simulations based on clinical data from a combination of observed and modeled data  
 \*Year-1 savings based on clinical data received at Months 6-12 of program participation; Year 2 and 3 savings assume maintenance of Year 1 improvements.

Contact your Omada Representative

Learn more →

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